



26<sup>th</sup> August 2022

# **Health and Wellbeing**

As part of our school improvement, we will be continuing to develop and implement our approaches to supporting the health and wellbeing of all pupils. At Stornoway Primary School and Nursery, we believe that developing positive relationships with all children is crucial, so that they feel safe, happy, confident and ready to learn. The establishment of positive relationships creates a sense of belonging and connectedness, allowing children to feel they are valued, respected and included in the school community. Our approaches to supporting positive relationships are summarised in our Positive Relationships Policy, which is attached. We invite parents/carers to read through this policy, and we welcome comments and suggestions using the following link:

https://forms.office.com/r/EQg60c4X0v

## **Anti-Bullying Ambassadors**

Primary 6B led our Assembly today, where they reminded all pupils about their role as Anti-Bullying Ambassadors. The Anti-Bullying Ambassadors explained how they can support the development of positive friendships across the school and help with any incidents which may occur. We discussed the importance of following our school values in our every day interactions with each other. Primary 6B will shortly be conducting a survey to establish how to further support pupils across the school.

#### School Values

**Respect** – Urram

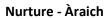


#### **Responsibility – Uallach**



Kindness – Coibhneas









P6B Anti-Bullying Ambassadors

## **Physical Education**

Pupils can come to school wearing their trainers and joggers, leggings or shorts along with their school jumper. Please see the table below for information regarding the days in which your child/children will be participating in their PE lessons.

GM1	Tuesday	Wednesday	<b>Thursd</b> ay	
GM2-3	Monday	Tuesday	Friday	
GM3-4	Tuesday	Wednesday	Friday	
GM5	Monday	Tuesday	Wednesday	
GM6	Tuesday	Wednesday	Friday	
GM7	Monday	Tuesday	Thursday	
P1A	Tuesday	Wednesday	Thursday	
P1-2	Monday	Wednesday	Thursday	
P2-3	Monday	Wednesday	Thursday	
P3-4	Monday	Wednesday	Friday	
P4A	Tuesday	Thursday	Friday	
P4B	Monday	Tuesday	Friday	
P5A	Wednesday	Thursday	Friday	
P5B	Monday	Wednesday	Thursday	
P6A	Monday	Wednesday	Thursday	
P6B	Monday	Thursday	Friday	
P7A	Tuesday	Wednesday	Thursday	
P7B	Monday	Wednesday	Thursday	

#### **School Holidays**

School Term Dates 2022-2023

	Open	Closed
Term 1	Monday 15th August 2022 (Staff)	
	Thursday 18th August 2022 (Pupils)	
Mid Term Holiday (National Mod)		Friday 14 <sup>th</sup> October 2022
Term 2	Wednesday 26 <sup>th</sup> October 2022 (Staff)	
	Thursday 27th October 2022 (Pupils)	
Mid Term Local Holiday		Friday 25th – Monday 28th November 2022
		Thursday 22 <sup>nd</sup> December 2022
Term 3	Thursday 5 <sup>th</sup> January 2023 (ALL)	
Mid Term Local Holiday		Wednesday 15 <sup>th</sup> – Monday 20 <sup>th</sup> February 2023 (Pupils) Thursday 16 <sup>th</sup> – Monday 20 <sup>th</sup> February 2023 (Staff)
		Friday 31 <sup>st</sup> March 2023
Term 4	Monday 17th April 2023 (ALL)	
		Friday 28th April – Monday 1st May 2023 (ALL)
Mid Term Local Holiday		Thursday 29th June 2023 (ALL)
Proposed Start Date 2023-24	14 <sup>th</sup> August 2023 (Staff) 17 <sup>th</sup> August 2023 (Pupils)	

#### Free School Meals and Clothing Grants

We would strongly recommend that low-income families who think they may be eligible for Free School Meals submit an application, even if they are currently receiving Universal Free School Meals for children in P1-5. A successful application could open up the possibility for further funding during the school holidays. Free School Meals are granted to children from families in receipt of:

- Income Support
- Income-based Job Seeker's Allowance
- Any income related element of Employment and Support Allowance
- Child Tax Credit, but not Working Tax Credit, with an income of less than £16,105
- Both Child Tax Credit and Working Tax Credit with an income of up to £7,500
- Support under Part VI of the Immigration and Asylum Act 1999
- Universal Credit with a monthly earned income of not more than £625

https://www.cne-siar.gov.uk/schools-and-learning/schools/application-forms/fsmcg/

#### **School Uniform**

We have a large supply of used, good quality school uniform available at the main entrance of the school. Families are more than welcome to take any items that they require.

#### **Rise and Shine Club**

Our Education Attainment Apprentices run a daily Rise and Shine Club between 8:45-9:15am. All pupils are welcome to attend the club where they can have breakfast and receive support with their homework. Any pupils wishing to attend should enter through the main door from 8:45am.

#### **Free Dress Friday**

Free Dress Friday will take place on Friday 30<sup>th</sup> September.

Donation are welcome but not necessary. No fancy dress or football shirts please. Thank you.

### **Parent Council**

The Parent Council works together with the school to promote partnership between the school, parents/carers and pupils. It aims to represent the views of all parents/carers. If you have any queries or questions for the Parent Council, please send them to <a href="mailto:syprimaryparentcouncil@gmail.com">syprimaryparentcouncil@gmail.com</a>

The next Parent Council meeting will take place on Tuesday 6<sup>th</sup> September at 6pm. All parents/carers are warmly welcome to attend.

Week 2	Option 1	Option 2	Option 3	Pudding
MEAT FREE	French Bread Pizza, Wedges, Carrot Sticks, Spaghetti Hoops, Green beans	Vegetable Soup & Tuna Sandwich	Cauliflower Cheese Wedges, Carrot Sticks, Green Beans, Spaghetti Hoops	Angel Delight & Fruit or Fruit
Tues	Spaghetti Bolognese with Seasonal Mixed Salad	Cheese Salad	Baked Potato with Tuna, Cheese or Beans	Chocolate Crispy & Fruit or Fruit
Wed	Sweet & Sour Chicken with Rice, peas and sweetcorn	Lentil Soup & Egg Sandwich	Baked Potato with Tuna, Cheese or Beans	Ice Cream & Fruit or Fruit
Thurs	Roast Ham, Yorkshire Pud, Mashed Potato, Carrots and Cabbage	Leek & Potato Soup & Ham Sandwich	Baked Potato with Tuna, Cheese or Beans	Seasonal Fruit Salad or Fruit
Fri	Fish Fingers and Chips with Peas & Beans	Carrot & Coriander Soup with Tuna Sandwich	Baked Potato with Tuna, Cheese or Beans	Yogurt or Crackers & Cheese with Fruit or Fruit

#### Canteen Menu

# Learning Together for Excellence

