



# Naidheachdan Bun Sgoil Steòrnabhaigh

28mh den Ghearran/ 28<sup>th</sup> February 2025

Bonn Òir Tesco  
Tesco Stronger Starts



Stornoway Primary School has been successful in their application for the Tesco Stronger Starts fundraising initiative. Families are encouraged to donate the blue tokens to Stornoway Primary School's project whilst shopping in the store. The money that is raised through this initiative will be used to purchase sports equipment.

**On Saturday 15<sup>th</sup> March, between 12-1pm, customers will be in with a chance of picking out a gold token while they are shopping at Tesco. The lucky customer can then choose which group should receive the gold token. The chosen group will receive £5000! It would be great to see lots of families from Stornoway Primary shopping in the store at that time to be in with a chance of winning!**



Clàr na Uireadan  
Times Tables Rock Stars



We have purchased a whole school subscription for Times Tables Rock Stars. All pupils now have logins and can access this at home to practise their Numeracy skills. We would encourage all families to join in.

## Seachdain na Gàidhlig 2025 World Gaelic Week 2025



Stornoway Primary School participated in a variety of fun activities this week as part of our celebrations for Seachdain na Gàidhlig. Classes watched e-sgoil's Bilingual Assembly. GM5-7 pupils prepared and delivered Gàidhlig lessons to all the GL classes. Margaret Anne Murray, former Depute Headteacher at Stornoway Primary, read a Katie Morag story to GM1-4 pupils. All classes linked into workshops with Joy Dunlop to participate in Gàidhlig storytelling and singing. We held a whole school Gàidhlig Singing Assembly this morning with Mr Finlay Smith and finished the day with our intergenerational Cupan agus Cèilidh.

### Brot agus Milsean Soup and Pudding Fundraiser



All families are welcome to come along to our soup and pudding lunch between 12-2pm on Saturday 1<sup>st</sup> March.



### **Fèill Snàmh Swimming Gala**

All P5-7 pupils have now had the opportunity to sign up to the Swimming Gala which is taking place between 1-3pm on Friday 7<sup>th</sup> March. Parents and Carers are welcome to spectate from the cafeteria area.

### **Fèis Ball-coise nan Nigheanean Girls Football Festival**



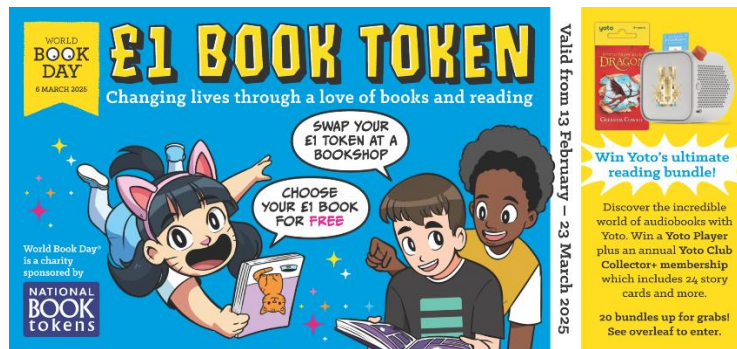
On Wednesday 5<sup>th</sup> February the P7 girls took part in a football festival at Back Football and Recreation Club, all weather pitch. The festival was for all Primary 7 girls across Lewis. The theme of the festival was 'Fun and Friendly'. The girls were placed in teams with girls from other schools to enable them to foster new friendships.

### **Comataidh Eco Eco Committee**



Thank you very much to our Eco Committee who have been busy planting bulbs in the polycrumb. The bulbs are now flowering and the pots have been placed around the school.

**Latha Leabhar an t-Saoghail 2025**  
**World Book Day 2025**



World Book Day tokens can be exchanged for a book in the Baltic Bookshop in Stornoway. Book tokens should be used the 23<sup>rd</sup> March.

**Comic Relief**



Red Nose Day will take place on Friday 21<sup>st</sup> March. All pupils will have the opportunity to enter our Comic Relief Joke Competition. Entry forms will be issued on Monday 3<sup>rd</sup> March. Please ensure joke entries have been submitted to the class teacher by Friday 14<sup>th</sup> March. All pupils are invited to wear red or free dress on Friday 21<sup>st</sup> March. Donations will be given to Comic Relief. This event will replace Free Dress Friday for the month of March.

**QWELL – Support for Parents/ Carers in the Western Isles**

Qwell offers a free, safe and anonymous online support for parents and carers of young people aged 0-18. Qwell is a free online counselling and emotional wellbeing platform providing a safe and secure means of accessing a variety of support. Qwell is available 7 days per week and 365 days a year. Qwell can be accessed on the following link: <https://www.qwell.io/>



## Easy Fundraising

A reminder that Stornoway Primary School is now registered with Easyfundraising, which means you can raise FREE donations for us every time you shop online.

Over 8,000 retailers will donate to us when you use Easyfundraising to shop with them – at no extra cost to yourself!

These donations really mount up and make a BIG difference to us, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely FREE and only takes a moment.

You can find our Easyfundraising page at:

[https://www.easyfundraising.org.uk/causes/stornoway-primaryschool/?utm\\_medium=email&utm\\_campaign=pmc&utm\\_content=gs-email1](https://www.easyfundraising.org.uk/causes/stornoway-primaryschool/?utm_medium=email&utm_campaign=pmc&utm_content=gs-email1)

Or scan this QR code



## Sàbhailteachd Chloinne

### Pupil Safety

To ensure the health and safety of all pupils, parents/carers **should not** park in the staff car park. Thank you for your co-operation.

## Comhairle nam Pàrant

### Parent Council

The Parent Council works together with the school to promote partnership between the school, parents/carers and pupils. It aims to represent the views of all parents/carers. All parents and carers are warmly encouraged to attend. If you have any queries or questions for the Parent Council, please send them to

[syprimaryparentcouncil@gmail.com](mailto:syprimaryparentcouncil@gmail.com)

## Fònaichean-làimhe / Dèideagan

### Mobile Phones/ Toys

A reminder that pupils are not permitted to use mobile phones during school. If your child requires a mobile phone for after school arrangements, it **must** be handed into the school office in the morning and collected at the end of the day. Pupils should also not bring toys into school.

Thank you for your co-operation.



## Holidays

The school will close at 3:25pm on Friday 28<sup>th</sup> March and reopen to pupils and staff on Monday 14<sup>th</sup> April. The school will be closed on Friday 18<sup>th</sup> April and Monday 21<sup>st</sup> April for the Easter weekend.

## School Uniform

There is a large selection of pre-loved, good quality school uniform available in the school foyer. We encourage all families to have a look at what is available and take any items that would be suitable for the next school session. As we are now an Eco School, we hope that most of the uniform can be reused. If you cannot find items that are suitable, please let us know the items and sizes that you require and we will try to source these for you. Alternatively, all items are available to order directly from [www.ahyde.co.uk](http://www.ahyde.co.uk). Orders over £35.00 will receive free delivery.

## Free School Meals and Clothing Grants

Applications Free School Meals & Clothing Grant are now open for the term August 2024 – June 2025.  
Applications can be submitted via: [Forms \(cne-siar.gov.uk\)](https://cne-siar.gov.uk)

# FREE SCHOOL MEALS AND SCHOOL CLOTHING GRANTS

If you require assistance with your application or would like more information please contact us:

1 2 3

[bureau@wicas.uk](mailto:bureau@wicas.uk)

Barra CAB - 01871 810608      Harris CAB - 01859 502431  
 Lewis CAB - 01851 705727      Uist CAB - 01870 602421





## Banca Bìdh nan Eilean Siar

### Eilean Siar Foodbank

Eilean Siar Foodbank can provide food and support to families. It is located on 15 Keith Street, Stornoway.

Contact can be made with the Foodbank by Facebook messenger, telephone on 07437855920 or email



[eileansiarfoodbank@gmail.com](mailto:eileansiarfoodbank@gmail.com).



### Tachartasan Teirm 3/4 Calendar of Events Term 3/4

Term 3 & 4	
Wednesday 5 <sup>th</sup> March	Euroquiz 2025 – Eilean Siar Heat at Sgoil an Rubha
Thursday 6 <sup>th</sup> March	Fun 4's Football Festival P1-2 10:30 – 12:30
Thursday 6 <sup>th</sup> March	World Book Day
Friday 7 <sup>th</sup> March	Swimming Gala P5-7
Wednesday 12 <sup>th</sup> March	Scripture Union (P4-7)
Friday 14 <sup>th</sup> March	Great Science Share – 10:00 – 12:00
Tuesday 18 <sup>th</sup> March	Tchoukball Festival P6/7 – 9:30 – 12:30
Friday 21 <sup>st</sup> March	Comic Relief (Wear Red)
Tuesday 25 <sup>th</sup> March	Easter Assembly
Wednesday 26 <sup>th</sup> March	P6/7 Tchoukball Festival – 9:30 – 12:00
Wednesday 26 <sup>th</sup> , Thursday 27 <sup>th</sup> , Friday 28 <sup>th</sup> March	P7 Trip
Friday 28 <sup>th</sup> March	School Closes at 3:25pm for Easter Holidays
Term 4	
Monday 14 <sup>th</sup> April	Term 4
Thursday 17 <sup>th</sup> April	Tchoukball Festival – 9:30 – 12:30
Friday 18 <sup>th</sup> April	Holiday
Monday 21 <sup>st</sup> April	Holiday
Friday 25 <sup>th</sup> April	Free Dress Friday
Thursday 1 <sup>st</sup> May	Concert – GL5A, GL6A & GL6B
Friday 2 <sup>nd</sup> May	Tchoukball Festival – 9:30 – 12:30
Monday 5 <sup>th</sup> May	Holiday
Friday 9 <sup>th</sup> May	Sports Day
Friday 16 <sup>th</sup> May	Girls Netball Festival – P6/7 – 12:30 – 2:45
Friday 23 <sup>rd</sup> May	Girls Netball Festival – 12:30 – 2:45 GL7A – BASF Science Experience
Monday 26 <sup>th</sup> May	GL7B – BASF Science Experience
Thursday 29 <sup>th</sup> May	Concert – GM 5-7
Friday 30 <sup>th</sup> May	Athletics – P6/7 – 9:30 – 13:00 – Smith Avenue Free Dress Friday
Monday 2 <sup>nd</sup> June – Friday 6 <sup>th</sup> June	Local Mòd
Tuesday 10 <sup>th</sup> June	Concert – GL7A & GL7B
Wednesday 11 <sup>th</sup> June	The Nicolson Institute Induction Day
Thursday 12 <sup>th</sup> June	The Nicolson Institute Induction Day
Monday 23 <sup>rd</sup> June	P7 Leavers' Assembly
Wednesday 25 <sup>th</sup> June	Prize Giving
Thursday 26 <sup>th</sup> June	Transition Morning
Friday 27 <sup>th</sup> June	Free Dress Friday School closes at 3:25pm

**Clàr-bidh  
Canteen Menu**


Week beginning 3rd March 2025	Option 1	Option 2	Option 3	Pudding
	Macaroni, Garlic Bread, Beans and Sweetcorn	Seasonal Vegetable Soup with a Cheese Sandwich	Baked Potato with Tuna, Cheese or Beans	Yoghurt and Fruit or Fruit
<b>Tues</b>	Saugage Casserole & Mashed Potatoes with Peas & Broccoli	Lentil Soup with Egg Mayo Sandwich	Baked Potato with Tuna, Cheese or Beans	Seasonal Fruit Salad or Fruit
<b>Wed</b>	Chicken Curry with Rice, Green Beans and Sweetcorn	Tomato Soup with a Ham Sandwich	Baked Potato with Tuna, Cheese or Beans	Sponge, Custard and Fruit or Fruit
<b>Thurs</b>	Steak Pie with Roast Potatoes, Broccoli & Peas	Vegetable Soup with Tuna Sandwich	Baked Potato with Tuna, Cheese or Beans	Ice Cream and Fruit or Fruit
<b>Fri</b>	Fish Fingers and Chips (Mash if Nursery) with Coleslaw and Seasonal Mixed Salad	Chicken and Rice Soup with a Cheese Sandwich	Baked Potato with Tuna, Cheese or Beans	Jelly and Fruit or Fruit
Week beginning 10th March 2025	Option 1	Option 2	Option 3	Pudding
	Pizza, Wedges, Carrot Sticks, Spaghetti Hoops, Green beans	Vegetable Soup & Tuna Sandwich	Baked Potato with Tuna, Cheese or Beans	Angel Delight or Rice Pudding & Fruit or Fruit
<b>Tues</b>	Spaghetti Bolognese with Peas & Sweetcorn	Tomato Soup with a Ham Sandwich	Cheese Salad	Shortbread & Fruit or Fruit
<b>Wed</b>	Chicken Goujons Wrap with Mayo, Savoury Rice, Mixed Salad & Coleslaw	Lentil Soup & Egg Sandwich	Baked Potato with Tuna, Cheese or Beans	Ice Cream & Fruit or Fruit
<b>Thurs</b>	Roast Ham, Yorkshire Pud, Mashed Potato, Carrots and Cabbage	Leek & Potato Soup & Ham Sandwich	Baked Potato with Tuna, Cheese or Beans	Jelly & Fruit or Fruit
<b>Fri</b>	Pastry Sausage, Chips (Mash if Nursery) with Peas & Beans	Carrot & Coriander Soup with Tuna Sandwich	Baked Potato with Tuna, Cheese or Beans	Yogurt or Crackers & Cheese with Fruit or Fruit



**Tachartasan Choimhearsnachd  
Community Events**



  
Eileanan Siar  
Western Isles



**Sensory Processing Workshop**

February 4<sup>th</sup> 2025 10am - 12pm  
or  
May 12<sup>th</sup> 2025 6pm - 8pm

**Live online session with the Occupational Therapy service for parents/carers (adults only).**

- Does your child get upset by certain sensations?
- Are they always moving and fidgeting or constantly touching things?
- Are they easily distracted?
- Do they struggle to engage in everyday activities because of this?

**If so, they may have difficulty processing sensory information**

Join our online session where you can learn about the senses and the impact these can have on a child. You will leave with a few ideas to try to support your child to be more able and confident in their everyday lives.

For further information or to book your place contact  
[wi.otwesternisles@nhs.scot](mailto:wi.otwesternisles@nhs.scot)

**After School Activities – Lewis Sports Centre**  
**Term 3: January - March 2025**

Sport and Health activity classes are running in the Lewis Sports Centre. These classes are to be booked the same way as they were last term. They must be booked weekly. Every Friday at 12 Noon spaces for the following week will be released on our booking app CnES Sports facilities.

All 45 min sessions are £4.20 or £2.10 for members, Mini Kickers/Sports £3.20 or £1.60 for members and **Wednesday Athletics (P1-P3) is FREE of charge.**

**Monday**

Gymnastics (P1 and P2)  
Time: 16:00 – 16:45

Gymnastics (P3 and P4)  
Time: 16:50 – 17:35

**Tuesday**

Girls Only Football (P1 - P3)  
Time: 16:00 – 16:45

**Wednesday**

Athletics (P1 - P3)  
Time: 16:00 – 16:45

**Thursday**

Squash (P5 - P7)  
Time: 16:00 – 16:45

**Friday**

Mini Kickers (3 and 4 year olds)  
Time: 13:30 – 14:00

Basketball (P5 - P7)  
Time: 16:00 – 16:45





[www.healthyhebrideankids.scot.nhs.uk](http://www.healthyhebrideankids.scot.nhs.uk)

Healthy Hebridean Kids is developed and managed by NHS Western Isles, and is aimed at helping local parents, family members and carers of young children to be healthier and happier by making healthy lifestyle choices.

The website holds information on: nutrition, vitamins, being active, HENRY training sessions for parents as well as lots of useful links when pregnant or a new parent/ carer.

NHS Western Isles Health Visiting & School Nursing Team Lead, Anna MacDonald, said: "We want to give our children the best start in life and we hope the website can guide parents on how to do this. Habits during a child's early years can influence their future outcomes, good healthy habits will help them to live healthier and longer lives which will reduce their risk of developing a range of health issues later in life."

Karen France MacLeod, NHS Western Isles Nutrition, Dietetic & Catering Services Manager, added: "The website has a range of helpful links and information for parents. There is also information on HENRY, a programme aimed at giving babies and children the best possible start in life by supporting the whole family to make positive lifestyle changes. Although the site is helpful if any parent or carers would like additional information, advice or support with a child's eating they can confidentially get in touch with dietetics at: [wi.dietetics@nhs.scot](mailto:wi.dietetics@nhs.scot) or call 01851 708279."

'Healthy Hebridean Kids' is hosted by the NHS Western Isles Maternal & Infant Nutrition Group, a partnership whose members include the local authority and community groups across the Islands, the aim is to improve the health of children and families.



## Should I keep my child off school or childcare?

**✓ Yes**

Illness	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and vomiting	48 hours after their last episode
Cold and flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the advice on NHS inform if they've tested positive for COVID-19
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet fever	24 hours after they started taking antibiotics
Whooping cough	48 hours after they started taking antibiotics

**✗ No**


but make sure you let their school or childcare know about...

Hand, foot and mouth	Head lice	Threadworms
Glandular fever	Tonsillitis	Slapped cheek

Parents and carers can find further health advice on [nhsinform.scot](https://nhsinform.scot)

**Advice and guidance**  
To find out more, scan the QR code or visit [publichealthscotland.scot/hpcyp](https://publichealthscotland.scot/hpcyp)





© 2021, 2022 © Public Health Scotland



*Ag Ionnsachadh Còmhla airson Sàr-mhathais*  
*Learning Together for Excellence*

