



# Naidheachdan Bun Sgoil Steòrnabhagh

31mh den Faoilleach/ 31<sup>th</sup> January 2025

## Coinneamhan Phàrant

### Parent Appointments

Parent appointments will take place on **Monday 10<sup>th</sup>** and **Tuesday 11<sup>th</sup> February**. This will be an appointment in the school with your child's class teacher. You will receive notification of your appointment date and time week commencing 3<sup>rd</sup> February. We encourage all parents/carers to attend.

## Tesco Stronger Starts



Stornoway Primary School has been successful in their application for the Tesco Stronger Starts fundraising initiative. Families are encouraged to donate the blue tokens to Stornoway Primary School's project whilst shopping in the store. The money that is raised through this initiative will be used to purchase sports equipment.

**On Saturday 15<sup>th</sup> March, between 12-1pm, customers will be in with a chance of picking out a gold token while they are shopping at Tesco. The lucky customer can then choose which group should receive the gold token. The chosen group will receive £5000! It would be great to see lots of families from Stornoway Primary shopping in the store at that time to be in with a chance of winning!**



## Iomairt Coiseachd Dhan Sgoil Wow Walk Campaign



Stornoway Primary School recently held an assembly to introduce the Living Streets' WOW campaign, a pupil-led initiative that encourages children to travel sustainably to school. The event was made even more special as we were joined by Strider, Living Streets' mascot, who inspired and entertained the pupils.

Pupils will log their daily travel using the interactive WOW Travel Tracker, and if they walk, wheel, cycle or scoot to school, at least twice a week for a month, they earn a collectible badge.

Inspired by the assembly, our pupils are eager to participate in this initiative and look forward to building healthy habits for life.

## Foghlam tro Mheadhan na Gàidhlig Gaelic Medium Education



There are many benefits to bilingualism and Gaelic Medium Education. Many studies have found that bilingualism enhances cognitive performance and helps children to become creative thinkers and successful problem solvers.

By Primary 7, Gaelic Medium children are fully proficient in Gaelic and English. Learning through two languages, strengthens their understanding of grammar, syntax and how language works.

Data shows that being bilingual helps in the learning of additional languages and enhances career prospects and access to university.

When children enter into Primary 1, they are fully immersed in the Gaelic language. Initially, all lessons are conducted through play, stories, traditional song, rhyme, games, art and short projects. This very successful model has shown that children become confident and comfortable with Gaelic before moving on to more formal methods of teaching.

If you would like to find out more about Gaelic Medium Education, please contact the school office on 01851703418 or [stornowayprimary@gnes.net](mailto:stornowayprimary@gnes.net)

## Scripture Union

We are pleased to announce that our Scripture Union Club began on Wednesday 29th January from 3:30pm to 4:30pm. This term the club is for P4-7 pupils and it will run fortnightly in Stornoway Primary School. The Shed Youth Team from Martins Memorial will lead the club alongside staff members. At the club pupils will participating in Bible stories, songs and activities. A snack will be provided. Please complete this form to register your child's attendance.

<https://forms.office.com/e/jA48PeikPJ>

## Coinneamh Turais Clas 7

### Primary 7 Trip Meeting

The CNES Consent Form for the P7 Trip has been issued to all P7 pupils. These are standard forms which are issued for all school educational visits. There is a Swimming Consent Form as some of the activities are water based. Please complete and return to the school office as soon as possible.

The next P7 Parent Information Meeting regarding the trip will be on **Wednesday 5th February at 5pm** in the school, to the discuss activities, arrangements and fundraising.

## Turas GM7 gu BASF Calanis

### GM7 Visit to BASF Callanish



GM7 enjoyed a visit to BASF Pharma's Callanish site. Pupils were given the opportunity to tour the site, meet the engineers and scientists behind the fascinating, world-leading production of ingredients for pharmaceutical use and take part in experiments in the lab, engineering problem solving and coding activities. We are very grateful to all the staff at BASF for a wonderful, inspiring visit. It is hoped that P7A and P7B will be visiting in Term 4.



**Rèis Dùthchail Leòdhais agus na Hearradh**  
**Lewis and Harris Cross Country Race 3**

The final race of the Angus Maciver Lewis and Harris Cross Country Series will take place on Saturday 8th of February 2025 at Horgabost Campsite on the Isle of Harris.

The event is combined with the Western Isle Cross Country Championship.

As usual, the event is open to anyone aged 7 upwards. Registration is on the Google form and payment is made via the Google form after submission.

<https://forms.gle/ySWD45a9pQ7CbKjn8>

  
licensed event

SRAC Presents

  
Angus Maciver Ltd

The Lewis & Harris Cross Country Series 2024/25  
Race 3 incorporating  
2024/25 Western Isles Cross Country Championships

8th February 2025  
Horgabost Machair,

£2 Seniors  
£2 U9-U17

  
QR code for Google entry form



Seniors, U20s,  
U17s & U15s - 11:00  
U13's Boys & Girls - 11:50  
U11 Girls - 12:20  
U11 Boys— 12:40  
U9 Girls - 13:00  
U9 Boys - 13:10



**Angus Maciver Ltd**  
Kevin Donner:  
welfaresrac@gmail.com

## Easy Fundraising

A reminder that Stornoway Primary School is now registered with Easyfundraising, which means you can raise FREE donations for us every time you shop online.

Over 8,000 retailers will donate to us when you use Easyfundraising to shop with them – at no extra cost to yourself!

These donations really mount up and make a BIG difference to us, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely FREE and only takes a moment.

You can find our Easyfundraising page at:

[https://www.easyfundraising.org.uk/causes/stornoway-primary-school/?utm\\_medium=email&utm\\_campaign=pmc&utm\\_content=gs-email1](https://www.easyfundraising.org.uk/causes/stornoway-primary-school/?utm_medium=email&utm_campaign=pmc&utm_content=gs-email1)

Or scan this QR code



### Sàbhailteachd Chloinne

#### Pupil Safety

To ensure the health and safety of all pupils, parents/carers **should not** park in the staff car park. Thank you for your co-operation.

### Comhairle nam Pàrant

#### Parent Council

The Parent Council works together with the school to promote partnership between the school, parents/carers and pupils. It aims to represent the views of all parents/carers. The next Parent Council meeting will take place on **Wednesday 12<sup>th</sup> February at 7pm**. All parents and carers are warmly encouraged to attend. If you have any queries or questions for the Parent Council, please send them to [syprimaryparentcouncil@gmail.com](mailto:syprimaryparentcouncil@gmail.com)

### Fònaichean-làimhe / Dèideagan

#### Mobile Phones/ Toys

A reminder that pupils are not permitted to use mobile phones during school. If your child requires a mobile phone for after school arrangements, it **must** be handed into the school office in the morning and collected at the end of the day. Pupils should also not bring toys into school.

Thank you for your co-operation.

### **Saor-laithean Holidays**

The school will be closed to pupils on Friday 14<sup>th</sup>, Monday 17<sup>th</sup> and Tuesday 18<sup>th</sup> February. In-service for teaching staff will take place on Tuesday 18<sup>th</sup> February.

### **Aodach Sgoile School Uniform**

There is a large selection of pre-loved, good quality school uniform available in the school foyer. We encourage all families to have a look at what is available and take any items that would be suitable for the next school session. As we are now an Eco School, we hope that most of the uniform can be reused. If you cannot find items that are suitable, please let us know the items and sizes that you require and we will try to source these for you. Alternatively, all items are available to order directly from [www.ahyde.co.uk](http://www.ahyde.co.uk). Orders over £35.00 will receive free delivery.

### **Biadh Sgoile an Asgaidh agus Tabhartas Aodaich Free School Meals and Clothing Grants**

Applications Free School Meals & Clothing Grant are now open for the term August 2024 – June 2025. Applications can be submitted via: [Forms \(cne-siar.gov.uk\)](http://Forms(cne-siar.gov.uk))



### **Banca Bidh nan Eilean Siar Eilean Siar Foodbank**

Eilean Siar Foodbank can provide food and support to families. It is located on 15 Keith Street, Stornoway. Contact can be made with the Foodbank by Facebook messenger, telephone on 07437855920 or email [eileansiarfoodbank@gmail.com](mailto:eileansiarfoodbank@gmail.com).





## Tachartasan Teirm 3/4

### Calendar of Events Term 3/4

Term 3 & 4	
Monday 4 <sup>th</sup> February	Numeracy and Maths Parent Workshop (Western Isles Learning Shop)
Wednesday 5 <sup>th</sup> February	Girls Football Festival P7
Wednesday 5 <sup>th</sup> February	P7 Trip Meeting – 5pm
Monday 10 <sup>th</sup> February	Parent Appointments
Tuesday 11 <sup>th</sup> February	Parent Appointments
Wednesday 12 <sup>th</sup> February	Dental Inspections – P1 & P7
Wednesday 12 <sup>th</sup> February	Scripture Union (P4-7)
Wednesday 12 <sup>th</sup> February	Parent Council Meeting 7pm
Thursday 13 <sup>th</sup> February	Dental Inspections – P1 & P7
Friday 14 <sup>th</sup> February	Holiday
Monday 17 <sup>th</sup> February	Holiday
Tuesday 18 <sup>th</sup> February	In-service
Saturday 22 <sup>nd</sup> February	Young Musician of the Year Competition
Wednesday 26 <sup>th</sup> February	Scripture Union (P4-7)
Friday 28 <sup>th</sup> February	P6-7 Football Competition 10:30 – 2:30 Free Dress Friday
Wednesday 5 <sup>th</sup> March	Euroquiz 2025 – Eilean Siar Heat
Thursday 6 <sup>th</sup> March	Fun 4's Football Festival P1-2 10:30 – 12:30
Thursday 6 <sup>th</sup> March	World Book Day
Friday 7 <sup>th</sup> March	Swimming Gala P5-7
Wednesday 12 <sup>th</sup> March	Scripture Union (P4-7)
Friday 14 <sup>th</sup> March	Great Science Share – Town Hall – 10:00 – 12:00
Tuesday 18 <sup>th</sup> March	Tchoukball Festival P6/7 – 9:30 – 12:30
Friday 21 <sup>st</sup> March	Comic Relief
Tuesday 25 <sup>th</sup> March	Easter Assembly
Wednesday 26 <sup>th</sup> March	P6/7 Tchoukball Festival – 9:30 – 12:00
Wednesday 26 <sup>th</sup> , Thursday 27 <sup>th</sup> , Friday 28 <sup>th</sup> March	P7 Mainland Excursion
Friday 28 <sup>th</sup> March	School Closes at 3:25pm for Easter Holidays
Term 4	
Monday 14 <sup>th</sup> April	Term 4
Thursday 17 <sup>th</sup> April	Tchoukball Festival – 9:30 – 12:30
Friday 18 <sup>th</sup> April	Holiday
Monday 21 <sup>st</sup> April	Holiday
Friday 25 <sup>th</sup> April	Free Dress Friday
Friday 2 <sup>nd</sup> May	Tchoukball Festival – 9:30 – 12:30
Monday 5 <sup>th</sup> May	Holiday
Friday 9 <sup>th</sup> May	Sports Day
Friday 16 <sup>th</sup> May	Girls Netball Festival – P6/7 – 12:30 – 2:45
Friday 23 <sup>rd</sup> May	Girls Netball Festival – 12:30 – 2:45 GL7A – BASF Science Experience
Monday 26 <sup>th</sup> May	GL7B – BASF Science Experience
Friday 30 <sup>th</sup> May	Athletics – P6/7 – 9:30 – 13:00 – Smith Avenue Free Dress Friday
Monday 2 <sup>nd</sup> June – Friday 6 <sup>th</sup> June	Local Mòd
Wednesday 11 <sup>th</sup> June	The Nicolson Institute Induction Day
Thursday 12 <sup>th</sup> June	The Nicolson Institute Induction Day
Monday 23 <sup>rd</sup> June	P7 Leavers' Assembly
Wednesday 25 <sup>th</sup> June	Prize Giving
Thursday 26 <sup>th</sup> June	Transition Morning
Friday 27 <sup>th</sup> June	Free Dress Friday School closes at 3:25pm



**Clàr-bidh  
Canteen Menu**

3rd Feb 25	Option 1	Option 2	Option 3	Pudding
	Macaroni, Garlic Bread, Beans and Sweetcorn	Seasonal Vegetable Soup with a Cheese Sandwich	Baked Potato with Tuna, Cheese or Beans	Yoghurt and Fruit or Fruit
<b>Tues</b>	Saugage Casserole & Mashed Potatoes with Peas & Broccoli	Lentil Soup with Egg Mayo Sandwich	Baked Potato with Tuna, Cheese or Beans	Seasonal Fruit Salad or Fruit
<b>Wed</b>	Chicken Curry with Rice, Green Beans and Sweetcorn	Tomato Soup with a Ham Sandwich	Baked Potato with Tuna, Cheese or Beans	Sponge, Custard and Fruit or Fruit
<b>Thurs</b>	Steak Pie with Roast Potatoes, Broccoli & Peas	Vegetable Soup with Tuna Sandwich	Baked Potato with Tuna, Cheese or Beans	Ice Cream and Fruit or Fruit
<b>Fri</b>	Fish Fingers and Chips (Mash if Nursery) with Coleslaw and Seasonal Mixed Salad	Chicken and Rice Soup with a Cheese Sandwich	Baked Potato with Tuna, Cheese or Beans	Jelly and Fruit or Fruit
10th Feb 25	Option 1	Option 2	Option 3	Pudding
	Pizza, Wedges, Carrot Sticks, Spaghetti Hoops, Green beans	Vegetable Soup & Tuna Sandwich	Baked Potato with Tuna, Cheese or Beans	Angel Delight or Rice Pudding & Fruit or Fruit
<b>Tues</b>	Spaghetti Bolognese with Peas & Sweetcorn	Tomato Soup with a Ham Sandwich	Cheese Salad	Shortbread & Fruit or Fruit
<b>Wed</b>	Chicken Goujons Wrap with Mayo, Savoury Rice, Mixed Salad & Coleslaw	Lentil Soup & Egg Sandwich	Baked Potato with Tuna, Cheese or Beans	Ice Cream & Fruit or Fruit
<b>Thurs</b>	Pastry Sausage, Chips (Mash if Nursery) with Peas & Beans	Carrot & Coriander Soup with Tuna Sandwich	Baked Potato with Tuna, Cheese or Beans	Yogurt or Crackers & Cheese with Fruit or Fruit
<b>Fri</b>	<b>Holiday Weekend</b>			



## **Tachartasan Choimhearsnachd Community Events**

### **After School Activities – Lewis Sports Centre Term 3: January - March 2025**

Sport and Health are happy to announce that their sports activity classes will be running from **week beginning 6 January 2025** in the Lewis Sports Centre. These classes are to be booked the same way as they were last term. They must be booked weekly. Every Friday at 12 Noon spaces for the following week will be released on our booking app CnES Sports facilities.

All 45 min sessions are £4.20 or £2.10 for members, Mini Kickers/Sports £3.20 or £1.60 for members and **Wednesday Athletics (P1-P3) is FREE of charge.**

#### **Monday**

Gymnastics (P1 and P2)  
**Time:** 16:00 – 16:45

Gymnastics (P3 and P4)  
**Time:** 16:50 – 17:35

#### **Tuesday**

Girls Only Football (P1 - P3)  
**Time:** 16:00 – 16:45

#### **Wednesday**

Athletics (P1 - P3)  
**Time:** 16:00 – 16:45

#### **Thursday**

Squash (P5 - P7)  
**Time:** 16:00 – 16:45

#### **Friday**

Mini Kickers (3 and 4 year olds)  
**Time:** 13:30 – 14:00

Basketball (P5 - P7)  
**Time:** 16:00 – 16:45



## Sensory Processing Workshop

February 4<sup>th</sup> 2025 10am - 12pm

or

May 12<sup>th</sup> 2025 6pm - 8pm

Live online session with the Occupational Therapy service for parents/carers (adults only).

- Does your child get upset by certain sensations?
- Are they always moving and fidgeting or constantly touching things?
- Are they easily distracted?
- Do they struggle to engage in everyday activities because of this?

If so, they may have difficulty processing sensory information

Join our online session where you can learn about the senses and the impact these can have on a child. You will leave with a few ideas to try to support your child to be more able and confident in their everyday lives.

For further information or to book your place contact

[wi.otwesternisles@nhs.scot](mailto:wi.otwesternisles@nhs.scot)



RETURNS TODAY!

### P7 SATURDAY CLUB AT THE SHED

- ✓ TUCK SHOP
- ✓ PS5 CONSOLES
- ✓ NINTENDO SWITCH
- ✓ PING PONG
- ✓ AIR HOCKEY
- ✓ POOL, BOARD GAMES & MORE!

**SATURDAYS 1-3PM  
COME AND JOIN!**



COME ALONG WITH YOUR FRIENDS TO ENJOY A RANGE TO MEET OTHER P7S WITH PLenty OF GAMES AND ACTIVITIES! NO COSTS TO ATTEND. SIMPLY RETURN A COMPLETED CONSENT FORM AND BRING MONEY IF YOU WANT TO VISIT THE TUCK SHOP.

 THE SHED YOUTHWORK
  THE SHED PROJECT

[WWW.THESHEDPROJECT.ORG.UK](http://WWW.THESHEDPROJECT.ORG.UK)
 0744302727

# NEWTON YOUTH CLUB

## P1-P7

**WILL START BACK ON  
ON THE 22ND JANUARY 2025  
DUE TO STAFFING**

**JANUARY: 22ND**  
**FEB: 5TH, 19TH**  
**MARCH 5TH, 19TH**

IF YOUR CHILD ATTENDED LAST TERM YOU DO NOT NEED TO FILL IN ANOTHER CONSENT FORM! IF YOU WISH YOUR CHILD TO ATTEND FOR THE FIRST TIME PLEASE COMPLETE THE FORM ON OUR FACEBOOK PAGES. YOU WILL NOT GET CONFIRMATION SO PLEASE MESSAGE US IF YOU HAVE ANY QUESTIONS!

[WWW.FACEBOOK.COM/HOTSPOTSINTERVENTIONTEAM](https://www.facebook.com/hotspotsinterventionteam)  
 OR  
[WWW.FACEBOOK.COM/NEWTONWARDCOMMUNITYASSOCIATION](https://www.facebook.com/newtonwardcommunityassociation)





CONSENT FORM HERE!



[www.healthyhebrideankids.scot.nhs.uk](http://www.healthyhebrideankids.scot.nhs.uk)

Healthy Hebridean Kids is developed and managed by NHS Western Isles, and is aimed at helping local parents, family members and carers of young children to be healthier and happier by making healthy lifestyle choices.

The website holds information on: nutrition, vitamins, being active, HENRY training sessions for parents as well as lots of useful links when pregnant or a new parent/ carer.

NHS Western Isles Health Visiting & School Nursing Team Lead, Anna MacDonald, said: "We want to give our children the best start in life and we hope the website can guide parents on how to do this. Habits during a child's early years can influence their future outcomes, good healthy habits will help them to live healthier and longer lives which will reduce their risk of developing a range of health issues later in life."

Karen France MacLeod, NHS Western Isles Nutrition, Dietetic & Catering Services Manager, added: "The website has a range of helpful links and information for parents. There is also information on HENRY, a programme aimed at giving babies and children the best possible start in life by supporting the whole family to make positive lifestyle changes. Although the site is helpful if any parent or carers would like additional information, advice or support with a child's eating they can confidentially get in touch with dietetics at: [wi.dietetics@nhs.scot](mailto:wi.dietetics@nhs.scot) or call 01851 708279."

'Healthy Hebridean Kids' is hosted by the NHS Western Isles Maternal & Infant Nutrition Group, a partnership whose members include the local authority and community groups across the Islands, the aim is to improve the health of children and families.

## Should I keep my child off school or childcare?

**✓ Yes**

Illness	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and vomiting	48 hours after their last episode
Cold and flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the advice on NHS inform if they've tested positive for COVID-19
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet fever	24 hours after they started taking antibiotics
Whooping cough	48 hours after they started taking antibiotics

**✗ No**

but make sure you let their school or childcare know about...

Hand, foot and mouth	Head lice	Threadworms
Glandular fever	Tonsillitis	Slapped cheek

Parents and carers can find further health advice on [nhsinform.scot](https://nhsinform.scot)

**Advice and guidance**  
To find out more, scan the QR code or visit [publichealthscotland.scot/hpcyp](https://publichealthscotland.scot/hpcyp)





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*Ag Ionnsachadh Còmhla airson Sàr-mhathais*  
*Learning Together for Excellence*

